

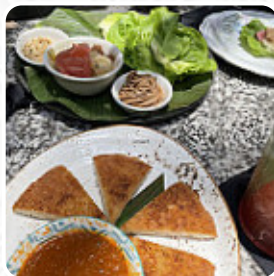


## ***Fonda Lo Que Hay Menu***

<https://menulist.menu>

Calle 12 Este, Antes De Llegar A Avenida B, Panama City, Panama

<https://www.instagram.com/fondaloquehay/>



A complete [menu](#) of Fonda Lo Que Hay from Panama City covering all **16** courses and drinks can be found here on the food list. For *seasonal or weekly deals*, please get in touch via phone or use the contact details provided on the website. What [User](#) likes about Fonda Lo Que Hay:

this restaurant serves them typical panamaic kitchen with a raised flair. there were several vegan options, including concolon, type like a fried rice cake. it was delicious with the wood smoked tomato sauce. I would've had the soda literally drunk! [read more](#). When the weather conditions is pleasant you can also eat and drink

outside. What [User](#) doesn't like about Fonda Lo Que Hay:

the location is beautiful and the staff was very friendly. we took our lunch in the courtyard. I think they had three vegan options. we took them all and it tasted very good. I would recommend this restaurant. [read more](#). If you're in a rush, you can get fine **Fast-Food menus to your taste** from Fonda Lo Que Hay in Panama City, freshly prepared for you in short time, and you can look forward to the fine typical [seafood](#) cuisine. The breathtaking panorama of a diverse selection of attractions is an additional draw for this restaurant, there are also fine [vegetarian](#) dishes on the menu.

# *Fonda Lo Que Hay Menu*



## *Appetizers*

CREMA DI POMODORO

## *Antipasti - starters*

CARPACCIO

## *Main Course*

CEVICHE

## *Fried Rice*

FRIED RICE

## *Hauptgerichte - Chicken*

FRIED CHICKEN

## *Water*

SODA

## *Cereals*

STARTING

*These types of dishes are being served*

FISH

## *Restaurant Category*

VEGAN

VEGETARIAN

## *Ingredients Used*

TOMATE

TRAVEL

CHICKEN

WE HAVE

SHRIMPS

PORK MEAT

# *Fonda Lo Que Hay Menu*



## *Fonda Lo Que Hay*

Calle 12 Este, Antes De Llegar A  
Avenida B, Panama City,  
Panama

**Opening Hours:**  
Monday 12:00-22:00  
Tuesday 12:00-22:00  
Wednesday 12:00-22:00  
Thursday 12:00-23:00  
Friday 12:00-23:00  
Saturday 12:00-23:00  
Sunday 12:00-22:00

Made with [menulist.menu](https://menulist.menu)

