



## ***La Vid Menu***

<https://menulist.menu>

Venezuela Oe4-56, Quito 170401, Ecuador

+59322951190 - <https://www.lavidrestaurantequito.com>



Here you can find the [menu of La Vid](#) in Quito. At the moment, there are 16 courses and drinks on the food list.

You can inquire about *changing offers* via phone. What [User](#) likes about La Vid:

Looking for places to eat vegan food in the old town Quito, we stumbled on this place. I feel compelled to leave a review because the experience was absolutely exquisite. Everything about this restaurant was great. The place was clean, with beautiful decor and stunning views. The staff was very warm, they worked as a team. Since we requested vegan options, a [vegetarian](#)/veganese menu with several options was presented... [read more](#). At La Vid from Quito you have the opportunity to **taste delicious [vegetarian](#) dishes**, in which no trace of animal meat or fish was used, At the bar, you can relax with a freshly tapped beer or other alcoholic and non-alcoholic drinks.

# *La Vid Menu*



## *Appetizers*

EMPANADAS

## *Main courses*

SIDE SALAD

## *Main Course*

CEVICHE

## *Sushi Or Sashimi*

OCTOPUS

## *Saucen*

KNOBLAUCHSAUCE

## *Drinks*

DRINKS

*These types of dishes are being served*

SOUP

## *Restaurant Category*

VEGAN

VEGETARIAN

## *Ingredients Used*

POTATOES

GARLIC

SHRIMP

COCONUT

SHRIMPS

SALMON

PRAWNS

# *La Vid Menu*



## *La Vid*

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170401, Ecuador

### **Opening Hours:**

Monday 12:00 -22:00  
Tuesday 12:00 -22:00  
Wednesday 12:00 -22:00  
Thursday 12:00 -22:00  
Friday 12:00 -22:00  
Saturday 12:00 -22:00  
Sunday 12:00 -20:00

Made with [menulist.menu](https://menulist.menu)

